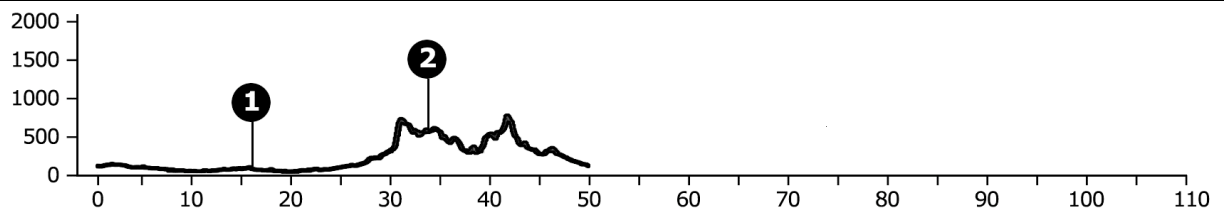




# DISTANCE TRAINING #3: WESTRIDGE/ALTAMONT 49.7 miles



		Start at Franklin/Evelyn lot @10am
0.0	L	Franklin
0.1	L	Villa (stop sign)
0.2	L	Castro (signal)
0.3	R	Central (signal)
		<b>Expressway; use caution at ramps</b>
1.2		CAUTION: DIAGONAL RR TRACKS - WET!
6.2	L	Bowers (signal)
6.8		Cross Hwy 101; becomes Great America
9.0		Cross under Hwy 237; get into center lane
9.1	L	Bike path next to Hwy 237 on-ramp DO NOT ENTER FREEWAY
9.8		Continue onto Baylands Park access road
10.5	L	Exit park through main gate
10.6		Continue on Moffett Park (signal)
12.7		Becomes Manila
13.7	L	Ellis (T intersection)
13.7		Cross Hwy 101
13.8		<b>Immediate R</b> on Fairchild (signal)
14.6		Becomes Leong (curves to left)
14.9	R	To continue on Leong (1st stop sign)
14.9		<b>Immediate L</b> on Moffett (signal)
15.0	R	Stevens Creek Trail (1st signal)
15.7	L	L'Avenida (1st street exit past Hwy 101)
16.1	R	Inigo Way (no signal or stop sign)
16.2	L	Pear (stop sign)
16.3	R	Into
<b>Rest Stop 1 – Mile 16.3 (17.5 miles to next rest)</b>		
<b>Starbucks (Pear and Shoreline, Mountain View)</b>		
Rest stop hours: 10:45am - Noon		
16.3	R	Out of parking lot onto Pear
16.4	R	Shoreline (signal)
16.7	L	Charleston (signal)
17.5		Becomes Garcia (at Rengstorff)
18.1	R	Bayshore (T intersection)
20.3	L	Embarcadero (signal)
20.7	R	St Francis (1st signal past Hwy 101)
20.8	L	Channing (1st stop sign)
21.5	L	Newell (signal)
22.3	R	California (T intersection)
22.5	L	Middlefield (stop sign)
		<b>Caution: Cross traffic does not stop</b>
22.5		<b>Immediate R</b> on California (signal)
22.9	R	Bryant (3rd stop sign)
24.8	L	Palo Alto (no signal or stop sign)
25.0	R	Alma (stop sign)
25.1		Cross El Camino Real and continue on Sand Hill in bike lane (jog to the left)
27.0	L	Santa Cruz (signal); becomes Alpine
28.2		Cross I-280 (stop sign; caution)
29.4	R	Westridge (no signal or stop sign) Begin 0.7mi steep climb
32.5	L	Portola (stop sign)
33.7	L	Alpine (stop sign, enforced by police)

**Category: 3 Terrain: 3 Climbing: 2000ft**

**Today's leaders:**

Chris Thomas 408-832-3797

**SAG:** Al Esquivel 408-718-6617

Randy Files 510-917-1132

David Gaus 408-857-9106

Ellen Goldstein (no cellphone)

Kevin Hunter 510-552-3563

Bob Katz 415-572-7468

Ally Kemmer 408-386-5590

Larry L'Italien 415-786-1259

Paul Rammer 510-295-3504

Kathy Sherman 650-207-9099

**USE EXTREME CAUTION IN WET CONDITIONS.  
WATCH FOR WATER, MUD, AND DEBRIS.  
CONTROL YOUR SPEED ON DESCENTS, OR WALK.**

33.8 L Into

**Rest Stop 2 – Mile 33.8 (15.9 miles to end)**

**Roberts Market (Portola Valley location)**

Rest stop hours: Noon - 2:30pm

33.8 L Out of parking lot onto Alpine

34.9 R Arastradero (no signal or stop sign;  
look for Alpine Inn on right)

37.0 L Page Mill (stop sign)

37.2 R Arastradero (1st stop sign; short climb)

37.9 R Purissima (stop sign just past I-280)

38.4 R Elena (no signal or stop sign)  
Begin 0.6mi climb

40.2 R Taaffe (no signal or stop sign)  
Begin 1.0mi climb

41.2 L Altamont (stop sign)

41.5 CAUTION: STEEP, WINDING DESCENT  
CONTROL YOUR SPEED

42.4 L Moody (stop sign)

42.7 R El Monte (4-way stop, enforced by police)

43.3 Cross I-280

43.8 R Summerhill (signal; short, steep climb)

44.8 R Magdalena (signal)

44.9 L Hillview (1st left; no signal or stop sign)

45.1 R Fairway (stop sign)

45.6 Becomes Loyola

46.4 Cross Foothill Expwy; becomes A Street

46.5 L Miramonte (T intersection)

48.9 Becomes Shoreline (at El Camino Real)

49.5 R Villa (signal)

49.6 L Franklin (stop sign)

49.7 R Into

**End of ride – Franklin/Evelyn lot**

**Congratulations!**

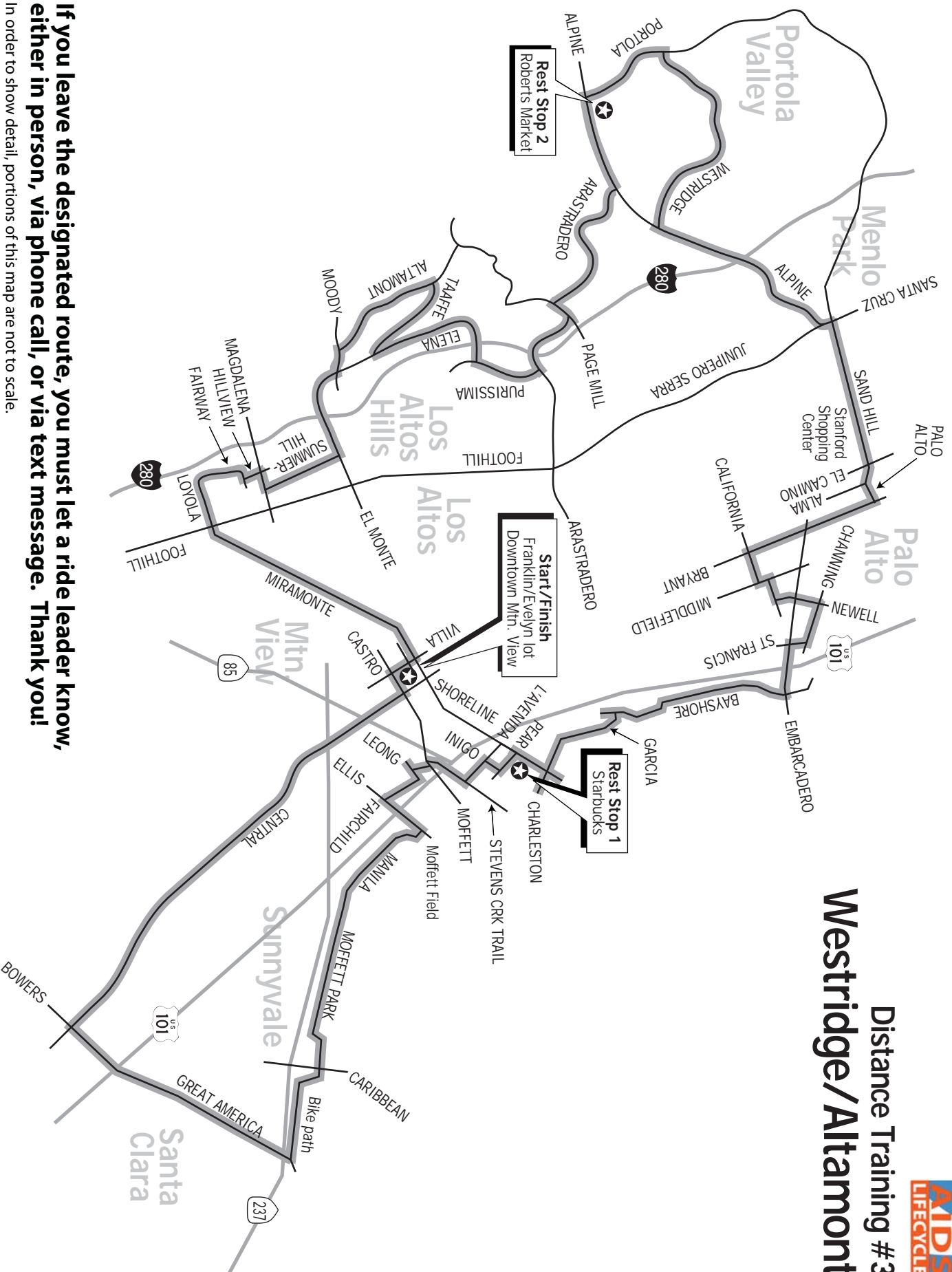
Route closes at 4:30pm

Remember to eat, drink, and stretch

*Please respect the communities we are traveling through and use only proper restroom facilities.*



# Distance Training #3 Westridge/Altamont



**If you leave the designated route, you must let a ride leader know, either in person, via phone call, or via text message. Thank you!**

In order to show detail, portions of this map are not to scale.