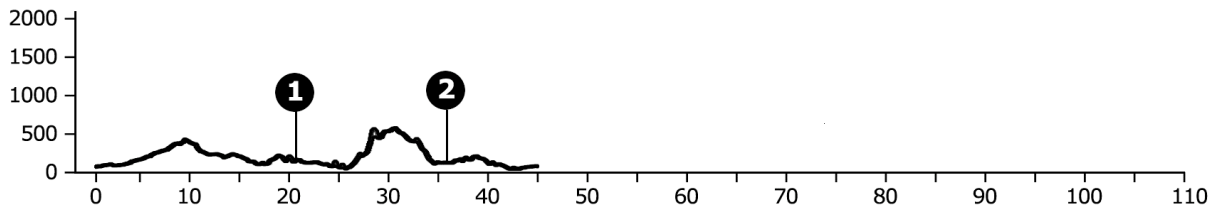




DISTANCE TRAINING #2: EDGEWOOD 45.2 miles



		Start at Franklin/Evelyn lot @10:00
0.0	L	Franklin
0.1	L	Villa (stop sign)
0.4	L	Bush (signal)
0.5	R	Evelyn (signal)
2.7	R	Pastoria (no signal or stop sign; easy to miss) <i>Look for "Mathilda North" sign before the turn</i>
3.4		Becomes Hollenbeck (at El Camino Real)
5.7		Becomes Stelling (at Homestead)
7.2	R	McClellan (signal)
9.0	R	Foothill (stop sign)
10.4		Cross I-280 (caution)
17.7		Becomes Junipero Serra (at Page Mill)
20.2	R	Santa Cruz (T intersection)
20.6	Bear L	on Alameda de las Pulgas (signal)
21.0	L	Avy (signal at bottom of hill)
21.0	Immediate R	into

Rest Stop 1 - Mile 21.0 (15.4 miles to next rest)
Starbucks (Alameda de las Pulgas at Avy Ave.)
 Rest stop hours: 11:00am - 1:00pm

21.0		Exit left on Avy
21.0	Immediate L	on Alameda de las Pulgas (signal)
25.4	R	Brewster
25.4	Immediate L	on Alameda de las Pulgas (stop sign)
26.0	L	Edgewood (signal) Begin 2.5mi climb
28.5		Cross I-280
29.0	L	Cañada (stop sign)
32.5	L	Hwy 84 (stop sign)
33.2		Cross I-280
34.4	R	Alameda de las Pulgas (signal)
36.4	R	Into

Rest Stop 2 - Mile 36.4 (8.8 miles to end)
Starbucks (Alameda de las Pulgas at Avy Ave.)
 Rest stop hours: Noon - 3:00pm

36.4		Exit right to continue on Alameda
36.8		Continue on Santa Cruz
37.2	L	Junipero Serra (signal)
39.7		Becomes Foothill (at Page Mill)
41.0	L	Arastradero (signal)
42.0		Becomes Charleston (at El Camino)
42.3	R	Wilkie (signal)
42.6	Bear L	on bike/ped path (at cul-de-sac)
42.6	Continue	on Miller (unmarked)
42.8	L	Del Medio (T intersection)
42.9	R	California (1st stop sign; unmarked)
44.9	L	Franklin (no signal or stop sign; 1st left turn past Shoreline)
45.2	R	Into

End of ride - Franklin/Evelyn lot
Congratulations!
 Route closes at 4:30pm
 Remember to eat, drink, and stretch

Category: 3 Terrain: 2 Climbing: 1710ft
Today's leaders:
 Chris Thomas 408-832-3797
SAG: Al Esquivel 408-718-6617
 Randy Files 510-917-1132
 David Gaus 408-857-9106
 Linda Kemmer 408-821-3030
 Ken Plough 650-862-5788
 Paul Rammer 510-295-3504
 Kathy Sherman 650-207-9099
 Paul Vargas 408-666-5302

- Don't forget**
- Obey all traffic laws, traffic signals, and signs.
 - Drink before you're thirsty, eat before you're hungry.
 - Always ride single file.
 - No drafting at any time.
 - Pass only on the left, and always call out "on your left."
 - Always wear a helmet.
 - Never wear headphones or use a cell phone, radio or walkie-talkie while riding.

Please respect the communities we are traveling through and use only proper restroom facilities.